

1.10.15

We will be holding a **Life Education Day** in school on Tuesday 13th October and would like to invite parents/carers of children in Nursery, Reception, Year 1 and Year 2 to a parents' workshop from 9am-10am in the School Hall which will focus on the need for healthy eating and a healthy balanced diet, and ideas for managing children's behaviour in a positive way, including sleep and bedtime routine.

The Workshop will be held in the school hall at 9am and further information will be sent home with your child.

We hope you can join us at the Workshop.