Dear Parents and carers,

Our topic this term is Healthy Humans and we have been looking at a healthy diet in science and design technology. As part of our topic in design technology the children have had to plan a healthy meal that could be enjoyed as part of a buffet at a party. They have worked in groups of 6 to choose their meal and will come home in the next few days with the ingredients they need to bring in to make their meal, and the day that they need to bring their ingredients in on. If you have any difficulty getting the ingredients please let us know. We will be making the meals in the week beginning 7<sup>th</sup> December and your child will need to bring their ingredients in on their cooking day.

We will then have a Christmas Party day on Friday 11<sup>th</sup> December when they will get to taste each group's meal. We will make party hats but will still be in school uniform.

Best wishes,

Mrs Cooper, Mrs Goss, Mr Butler and Mrs Barry